

## We have you covered

### Committed to making genetic screening accessible

We understand that every situation is unique. That's why we've created the Myriad Access Program, a comprehensive program designed to make genetic screening accessible for more patients.

The Myriad Access Program for the Foresight Carrier Screen has three key components designed to help you make informed choices about your health, your family, and your future.

- Broad in-network status with health plans
- Financial assistance and payment plans, for those who qualify
- Personalized cost estimates

## Myriad Foresight® Carrier Screen

### We offer two prenatal screens for pregnant women:

#### Foresight® Carrier Screen

Looks for inherited conditions like cystic fibrosis.

#### Prequel® Prenatal Screen

Looks for chromosome conditions like Down syndrome.

### Questions?

Our specialists are available  
6AM – 5PM PST, Monday – Friday  
(888) 268 - 6795

[myriadwomenshealth.com/contact](https://myriadwomenshealth.com/contact)

Foresight & Prequel Support:  
[prenatalsupport@myriad.com](mailto:prenatalsupport@myriad.com)



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[visit \*\*myriadwomenshealth.com/access\*\*](https://myriadwomenshealth.com/access)

# Foresight®

Carrier Screen

## Could your baby inherit a genetic condition?

Cystic Fibrosis and Spinal Muscular Atrophy



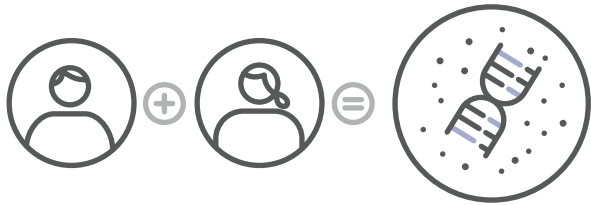
Myriad  
genetics

Health. Illuminated.

Why is this screen important?

## Carrier screening can help you plan and prepare

The Myriad Foresight® Carrier Screen can help your healthcare provider determine if you might pass serious inherited health conditions on to your child. A small sample of your saliva or blood is all that's needed. Results are available in two weeks on average.



### It can be done early

You can be tested early in pregnancy, or even before becoming pregnant.

### Knowing your risk can help you prepare

Most people get reassuring results and the peace of mind that comes with it. If something shows up on a screen, you can work with your healthcare provider or a genetic counselor to understand the result and figure out next steps.

### Support when you need it

We want you to have all the support you need. Every Foresight Carrier Screen includes scheduled or on-demand consultations with our genetic counselors, and our payment specialists can help with any billing issues you may have.

How it works

## We look at two serious conditions

### Cystic fibrosis

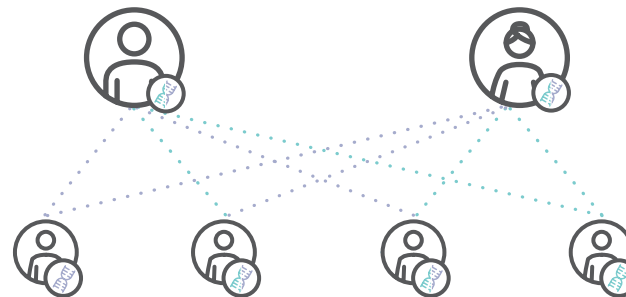
Cystic fibrosis affects many different organs in the body, including the lungs, pancreas, and liver, lining them with an abnormally thick, sticky mucus. Cystic fibrosis may cause chronic breathing problems and lung infections, and patients have a shortened life expectancy.

When both parents are carriers, there is a 1 in 4 (25%) chance to have an affected child.

### Spinal Muscular Atrophy (SMA)

Spinal muscular atrophy (type 1) is the most common genetic cause of infant death under two years of age. It's caused by changes in a gene called SMN1, which stands for survival motor neuron. Babies with SMA can't use their muscles for rolling over, crawling, sitting up, and eventually breathing or swallowing.

When both parents are carriers, the risk to have an affected child is 1 in 4 (25%).



Next steps

## You have your results. What happens next?

If you find out that you are a carrier for cystic fibrosis or spinal muscular atrophy, it's essential that your partner is screened to make sure that he is not a carrier for the same condition.

If both partners are carriers, there are important steps you can take.

### Prepare for delivery

Depending on your results, you may choose to seek additional support to help plan and prepare. In some cases, early treatment can make a big difference. You might start speaking with a specialist or one of our genetic counselors.

### Perform prenatal diagnosis

Chorionic villus sampling (CVS) or amniocentesis can determine if an inherited condition was passed on to your child.

### Explore other family building options

If you're not currently pregnant, your results can help you determine whether you want to consider an in vitro fertilization (IVF) procedure where embryos are screened for genetic disease before implantation. Other options include adoption or sperm or egg donation.

For more information, visit  
[myriadwomenshealth.com/foresight](https://myriadwomenshealth.com/foresight)